

COLUMBIA OUTDOOR SCHOOL



**PROFESSIONAL
FACILITATION
SERVICES**





COLUMBIA OUTDOOR SCHOOL

SUSTAINABILITY LEARNING LEADERSHIP



OUR APPROACH

Our experienced facilitators offer a unique blend of outdoor activities, professional development coaching, and tailored programming, fostering tangible benefits and transformative experiences.

We expertly integrate adventure programming theory into professional development services for corporate, non-profit, and government groups, as well as outdoor education professionals for educators. We guide leaders and teams through processes fostering trust first, creating the environment for innovation to flourish.

Our customized programming ensures alignment with your goals and learning objectives, leading to increased productivity and contributes to positive organizational culture. From brainstorming sessions to actionable plans, we help navigate your unique challenges with the same skill and trust it takes to leap into the unknown.





PROFESSIONAL FACILITATION OFFERINGS



TEAMBUILDING

The unique setting of Blue Lake Camp provides the perfect environment for your team to unplug and connect with each other. Our Teambuilding services are offered as an “add on“ to your camp booking, or we can come to you at a location of your choosing.

- Strengthen Team Dynamics
- Enhance Communication
- Build Trust
- Inspire Creativity
- Boost Morale
- Address Challenges
- Leadership Development
- Align Goals
- Increase Productivity
- Reduce Stress and Enhance Job Satisfaction.





PROFESSIONAL FACILITATION OFFERINGS



LEADERSHIP COACHING

Our coach is ready to connect with local clients amidst the beauty of the great outdoors. Whether it's a paddle, bike ride, or a hike, choose the setting where your best thinking thrives. Prefer a virtual session? No problem! We also provide tailored outdoor reflections you can do on your own time.

- Strength Based
- Non- Directive

Ideal for experienced leaders with a growth mindset who prefer to think outside the box, and outside the four walls of their office. We will draw inspiration from the natural world, unplugging to interconnect ideas, solve problems, and foster innovation.

Meet Shonna Murphy, our Certified Leadership Coach. Shonna has been with Columbia Outdoor School for the past 8 years, where she also serves as the Director of Programs. Shonna holds her official designation, recognized by the International Coaching Federation (ICF) as a Certified Leadership Coach| CLC, and has completed 100+ hours of immersive, experiential coach training through Essential Impact.

With a remarkable 18-year journey in leadership and program development, Shonna brings a unique blend of adventure facilitation, land-based leadership, and a deep commitment to creating safe, brave spaces.

In every coaching practice, she draws on her background in the great outdoors to inspire courage, vulnerability, and authentic connection.





PROFESSIONAL FACILITATION OFFERINGS



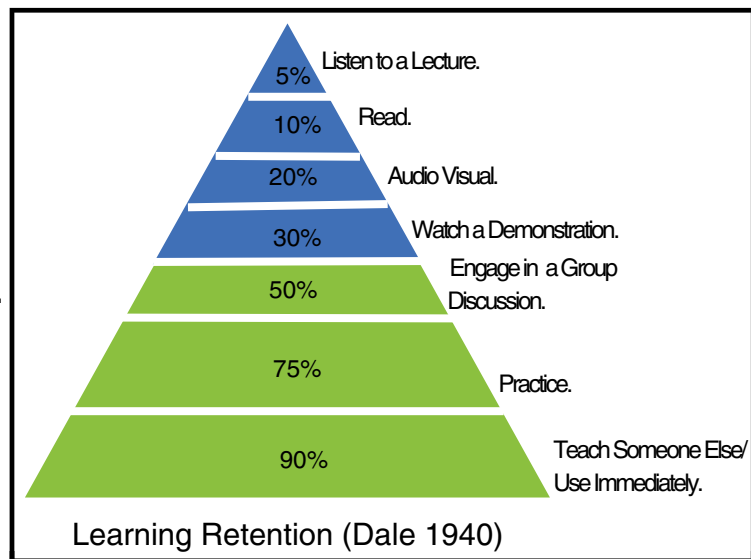
INNOVATION FACILITATION

Much like the challenge of taking a leap into uncertainty, expressing oneself in challenging conversations can be equally intimidating. Our expertise lies in skillfully guiding teams through processes that stimulate innovation. We excel in sparking brainstorming sessions, generating fresh ideas, and crafting actionable plans to bring those ideas to life.

What sets us apart is our unique approach—blending experiential learning and adventure program theory into the design of our professional development workshops. We believe in learning by doing and reflecting, minimizing traditional lecture-style formats. Unlike typical workshops we focus on **discussion**, **practice** and **using the skills immediately**. Our method ensures a fun, engaging experience, maximizing your time for meaningful learning and understanding. After all, at Columbia Outdoor School, we approach our work with the same spirit as running our summer camp—where the best learning happens outside and through active participation!

- Training
- Workshops
- Collaboration
- Conflict Resolution
- Strategic Planning
- Onboarding
- Workplace Culture
- Change Navigation

After 2 weeks we tend to retain...





PROFESSIONAL FACILITATION OFFERINGS



PRO D'S FOR EDUCATORS

Think Outside your classroom and step into a world of innovative teaching with Columbia Outdoor School's tailored professional development programs for educators.

Our mission is to empower teachers with the knowledge and skills to seamlessly integrate outdoor, environmental, experiential, and place-based education into their day-to-day teachings.

We understand that outdoor education goes beyond simply relocating the class outside; it's about creating meaningful, curriculum-connected experiences that enhance learning and retention. Our comprehensive training covers everything from safety protocols and smooth transitions to fostering inclusion and developing outdoor education programs of your own.

We will work with the Lead Teacher and/or Principal to develop specific outcomes for your time with us. You can join us at Blue Lake Camp, or we can come to you!

Popular outcomes include, but are not limited to:

- Teambuilding and communication for staff, or for their students.
- Connecting to place.
- Incorporating First Peoples perspectives in outdoor ed.
- Inclusion for students with special needs.
- Idea generation.
- Philosophy of outdoor education.
- Cross curricular connections.
- Experiential reflection and reporting tools.





CAMP FACILITIES



Our all inclusive camp experience includes meals, prepared by our Chef in the Dining Hall. Your group will stay in our cabins with bunk beds and wood burning stoves for winter stays. Our deluxe wash house has hot water, private showers, private bathrooms and heated ceramic tile floors.

CABINS

- Our cabins accommodate up to 96 people in cooler months (wood stoves in cabins) and 138 in the warmer months (without woods stove in cabins).
- Dormitory style bunk beds
- Anti-bacterial hypo-allergenic mattresses
- Storage cubbies
- Wood stove, firewood
- Fire starting supplies, fire safety equipment

AMENITIES

- Commercial Kitchen and Chef
- Potable Water
- Dining Hall with a total capacity of 135 People
- First Aid Building
- Gazebo and Picnic Area
- AV equipment
- Campfire Pit with Bench Seating
- Educational Trail System
- Waterfront with swimming area, canoes, and docks
- Parking

IMPORTANT CABIN INFO:

Log cabins with wood stoves:
Aspen, Pine, Juniper, Cedar,
Hemlock, Alder, Larch, Maple
Willow

Log cabins without wood stoves:
Spruce

Tent cabins without wood stoves:
Birch, Cottonwood, Fir, Dogwood





CAMP FACILITIES





SAFETY AND CERTIFICATION



SAFETY

Columbia Outdoor School is committed to ensuring your group's safety. Our physical site is inspected before each program to ensure that the area is safe.

A Lifeguard (seasonal) and/or First Aid Attendant are also included in the All Inclusive Program Package.

Our High and Low Ropes Courses are inspected daily and meet or exceed the Association of Challenge Course Technology safety standards. All Columbia Outdoor School Staff have received extensive training and certification to safely facilitate all our program elements. Our staff are trained to adapt programming for all levels of ability.

Our Chef can meet any dietary needs your students may have. We can accommodate everyone's food allergies and sensitivities. Blue Lake Camp is also a nut free facility.

Your booking will start with an orientation of our centre. Our philosophies, rules and emergency procedures will be explained and participants will have time to ask any questions they might have.

CERTIFICATIONS

Columbia Outdoor School's staff and Challenge Courses are both certified for the governing body of Adventure Challenge Course Technology annually. Our Leadership Coach holds her designation from Essential Impact, an accredited organization through the Canadian Coaching Federation.





FACILITY RENTAL



BOOKING YOUR GROUP AT CAMP

During our peak season (May through October) we offer the following stay options:

- Monday to Wednesday (2.5 days)
- Wednesday to Friday (2.5 days)
- Friday to Sunday (2.5 days)
- Monday to Friday (4.5 days)
- And 4-day options when a Holiday Monday/Friday falls in the week (daily rates X 3.5 days)

During our shoulder season we can accommodate alternative lengths of stay.

PRICING

Pricing includes accommodation only. Custom quotes will be provided for your groups activity and facilitation needs. We customize each booking to ensure the highest quality programming. Minimum 20 people.

- \$40 Per Person, Per Day.
- Add on the Salmon Lodge for \$100 per night.
- Add on meal service, as low as \$60 per person for 3 meals a day.

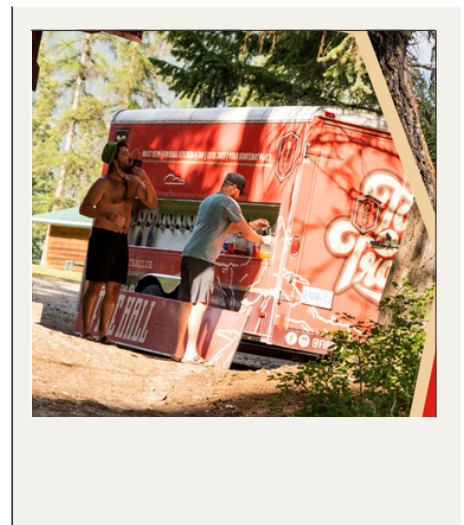
Other special add on's are available and will be quoted at time of inquiry.

DRUMMING WITH RHYTHM

BY NATURE



TAP TRUCK BROUGHT TO YOU
BY ENCORE BREWING CO.
AND THE FIRE HALL
KITCHEN AND TAP





BLUE LAKE CAMP RETREATS

TEAMBUILDING PROGRAM



SAMPLE SCHEDULE

Time	Monday	Tuesday	Wednesday
8:30		Breakfast + Duties	Breakfast
10:00		Program Block	Super Duties
		Free Time	Departure
12:30		Lunch + Duties	
2:00	Arrival, Welcome, Tour	Program Block	
3:00	Program Block	Program Block Con't	
4:30	Free Time	Free Time	
6:00	Dinner + Duties	Dinner + Duties	
7:00	Large Group Activity	Large Group Activity	
8:00	Campfire	Campfire	

Blue Lake Camp is User Maintained. This schedule allows for ample clean up time after meals. "Duties" refers to four main tasks groups are responsible for.

1. Kitchen Dishes
2. Meal Dishes
3. Wash House
4. Grounds

Super Duties refers to the same, with the addition of cleaning the cabins before you go.



BUILD YOUR ADVENTURE!



Group: _____

Dates On Site: _____

Group Leader: _____

Estimated Number of Students: _____

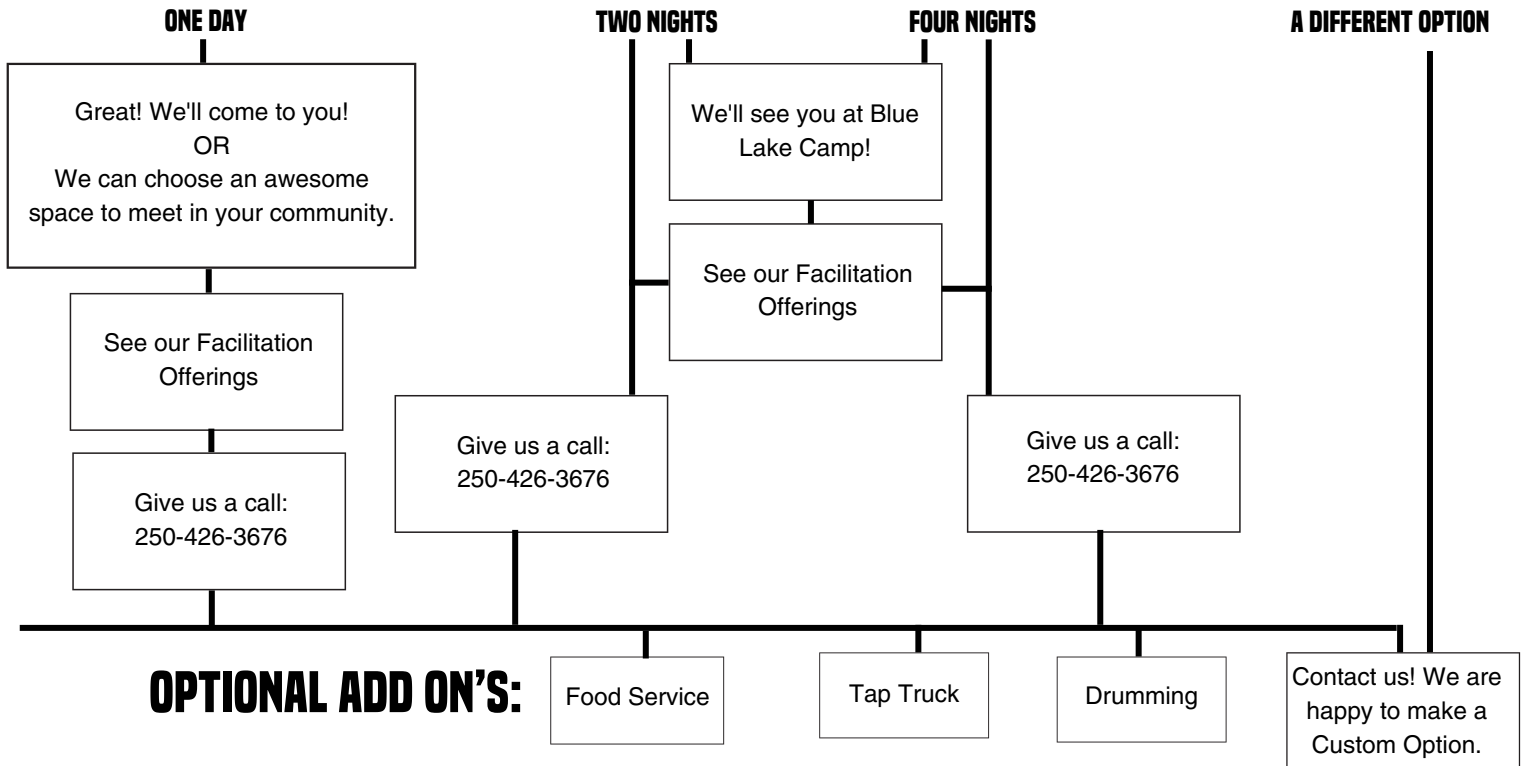
Group Leader Phone: _____

Inclusion: I would like to talk to someone about our members with special needs:

Group Leader E-mail: _____

Not Applicable Yes, please call me.

WE WOULD LIKE FACILITATION FOR:



GROUP LEADER CHECKLIST

- Contract and Deposit- Your requested dates are not secured until we have received your signed use agreement and first deposit.
- Fill out this flow chart and return to office.
- Program Director will schedule a call with you to customize your experience.
- Distribute packing list, health form and waivers to participants.
- Organize your group into their cabin placements (see cabin placement form).
- Plan your transportation.

3 WEEKS OUT:

- Send in final numbers of participants.
- Send in all dietary requirements for your group.

1 DAY OUT:

- Check to make sure you have received everyone's health and waiver forms to hand in at check in.

FOR MORE INFORMATION AND TO BOOK:
COLUMBIAOUTDOORSCHOOL.COM

INFO@COLUMBIAOUTDOORSCHOOL.COM

250-426-3676