# COLUMBIA OUTDOOR SCHOOL

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SCHOOL

CAMP

## LEADERS IN OUTDOOR EDUCATION







BINE LAKE CAME

### WHAT CAMP CAN DO FOR YOUR SCHOOL

Columbia Outdoor School is a non-profit registered charity that owns and operates Blue Lake Camp, an outdoor education centre located in the Columbia Basin of British Columbia.

For more than 40 years, Columbia Outdoor School has been working with schools to provide custom designed programs to help teachers achieve their classroom goals.

Camp creates a sense of belonging, self-worth, and accomplishment, and helps students bring those positive impacts and learning back to their classroom and to their everyday lives. Our custom experiential learning programs create deep and meaningful connections between place, participant experience and curriculum.

### TEACHING STYLES

Columbia Outdoor School offers curriculum based, outdoor and education. We inspire students to be curious about their connections to nature and place. Using inquiry based learning methods, students will leave camp with the desire to learn more and feel connected to the natural world around them.

We believe that some of the best learning happens outside the classroom. Our program themes are focused on environmental and outdoor education, recreation skill development, and leadership. Each program is designed to meet curriculum needs and invite optimum levels of participation and challenge. We accomplish this through fun, place based and collaborative learning experiences in the outdoors!



# OUTDOOR EDUCATION PROGRAM THEMES



### COMMUNITY BUILDING

Students will participate in team building challenges and community building initiatives. These programs are designed to facilitate communication, collaboration, and leadership amongst groups while challenging decision making and critical thinking skills. These exciting challenge by choice activities encourage participants to develop trust and teamwork with their peers, while challenging themselves in ways they never have before.

The Community building package includes the use of our challenge courses, teambuilding initiatives, guided reflection and debrief.

### REC 4 LIFE

The unique setting of Blue Lake provides a safe and controlled environment to learn new recreational skills on land and water. The recreation programs invite individual levels of challenge to the participants. The goal of this program is that students will leave with the confidence and passion to participate in outdoor recreation for life.





### OUTDOOR EDUCATION PROGRAM THEMES <sub>©</sub>



### SURVIVAL

Students will understand the critical thinking that needs to take place in a survival situation. Students will learn how to responsibly use natural materials in "stick-ey" situations. Students will gain an appreciation for the wild and leave with knowledge in how to best prepare and act in unexpected situations.

#### ENVIRONMENTAL SCIENCE

Students will explore the Blue Lake forest eco-system and will cultivate a deeper connection with the natural world through fun, meaningful and collaborative learning experiences. Students will gain a greater understanding of the local forest ecology and the crucial relationships that take place between the living and non-living components of the eco-system.

### THE AMAZING STEM RACE

Since the beginning of time, humankind has been in a battle of man vs. the machine. Students will embark on a race around Blue Lake Camp completing STEM challenges along the way. This epic race requires innovation, problem-solving, and critical thinking skills (and a healthy amount of competition). Blue Lake is waiting for you, good luck.





### **OUTDOOR EDUCATION**



#### CUSTOMIZATION

Columbia Outdoor School Staff will work with you to create a customized program for any grade level based on the themes and goals chosen by the teacher.

The Camp Director will organize a call with the Lead Teacher to assess the outcomes they would like for their students. From there, we will develop a custom experience, just for your group!

### INCLUSION

At Columbia Outdoor school, we believe it's important for every child to be able to dip their paddle in and push forward, experience seeing the stars in the night sky like never before, and have a camp experience that they will remember for a lifetime. Our Inclusion Program has been designed to offer children with physical and/ or developmental disabilities an opportunity to participate in all of our programs (yes, even the ropes course!). In partnership with the booking teacher, our team will help to adapt the lessons to meet everyone's needs.

#### ACCESSIBILITY

The Salmon Lodge is fully wheelchair accessible and can be added on to your school booking for just \$100 per night. Alternatively the Aspen cabin is the most wheelchair friendly option.







### **CAMP FACILITIES**



Our all inclusive camp experience includes meals, prepared by our Chef in the Dining Hall. Your group will stay in our cabins with bunk beds and wood burning stoves for winter stays. Our deluxe wash house has hot water, private showers, private bathrooms and heated ceramic tile floors.

### CABINS

- Our cabins accommodate up to 96 people in cooler months (wood stoves in cabins) and 138 in the warmer months (without woods stove in cabins).
- Dormitory style bunk beds
- Anti-bacterial hypo-allergenic mattresses
- Storage cubbies
- Wood stove, firewood
- Fire starting supplies, fire safety equipment

### AMENITIES

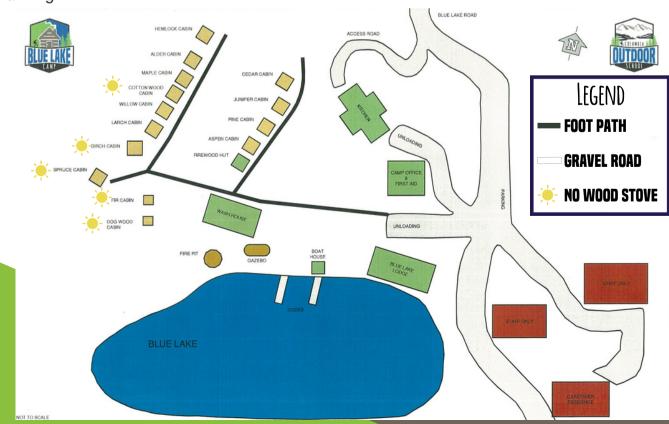
- Commercial Kitchen and Chef
- Potable Water
- · Dining Hall with a total capacity of 135 People
- First Ăid Building
- Gazebo and Picnic Area
- AV equipment
- · Campfire Pit with Bench Seating
- Educational Trail System
- · Waterfront with swimming area, canoes, and docks
- Parking

### IMPORTANT CABIN INFO:

Log cabins with wood stoves: Aspen, Pine, Juniper, Cedar, Hemlock, Alder, Larch, Maple Willow

Log cabins without wood stoves: Spruce

Tent cabins without wood stoves: Birch, Cottonwood, F<mark>ir,</mark> Dogwood





### **CAMP FACILITIES**



















#### SAFETY

Columbia Outdoor School is committed to ensuring your group's safety. Our physical site is inspected before each program to ensure that the area is safe. A Lifeguard (seasonal) and/or First Aid Attendant are also included in the All Inclusive Program Package.

Our High and Low Ropes Courses are inspected daily and meet or exceed the Association of Challenge Course Technology safety standards. All Columbia Outdoor School Staff have received extensive training and certification to safely facilitate all our program elements. Our staff are trained to adapt programming for all levels of ability.

Our Chef can meet any dietary needs your students may have. We can accommodate everyone's food allergies and sensitivities. Blue Lake Camp is also a nut free facility.

Your booking will start with an orientation of our centre. Our philosophies, rules and emergency procedures will be explained and participants will have time to ask any questions they might have.

### CERTIFICATIONS

Columbia Outdoor School is the only Outdoor Education Centre in the Columbia Basin that is Registered with HIGH FIVE. This means that a minimum of 90% of our entire staff team are certified with HIGH FIVE's Principals of Healthy Childhood Development. We use their Evaluation Tool Quest 2 to evaluate all of our programs to ensure they are child centered and encourage healthy development.









#### BOOKING YOUR SCHOOL GROUP

During our peak season (May through October) we offer the following stay options:

- Monday to Wednesday (2.5 days)
- Wednesday to Friday (2.5 days)
- Friday to Sunday (2.5 days)
- Monday to Friday (4.5 days)

During our shoulder season we can accommodate alternative lengths of stay.

### ALL INCLUSIVE PACKAGE: PRE TAX PRICE

Package includes: Meals, Programming and Accommodation. We customize each booking to ensure the highest quality programming.

|      | Rates for 50 or LESS |            |              |            |            |  |  |
|------|----------------------|------------|--------------|------------|------------|--|--|
|      | Yo                   | uth        |              | Chaperones |            |  |  |
| Days | Daily Rate           | TOTAL STAY | Days         | Daily Rate | TOTAL STAY |  |  |
| 2.5  | 81                   | 202.5      | 2.5          | 69         | 172.5      |  |  |
| 4.5  | 81                   | 364.5      | 4.5          | 69         | 310.5      |  |  |
|      |                      | Rates      | for 51 or MO | RE         |            |  |  |
| STAY | Youth                |            |              | Chaperone  |            |  |  |
| Days | Daily Rate           | Total Stay | Days         | Daily Rate | TOTAL STAY |  |  |
| 2.5  | 79                   | 197.5      | 2.5          | 67         | 167.5      |  |  |
| 4.5  | 79                   | 355.5      | 4.5          | 67         | 301.5      |  |  |

Custom quotes can be provided for alternative booking preferences.

Our two night schedule is built to optimally handle a <u>maximum of 60 students</u> <u>participating in the High Ropes and/or Canoeing programs (Community Building and Rec</u> <u>4 Life).</u> This can be adapted upon request to accommodate more students with a modified schedule. All other programs can accommodate up to <u>80 students</u> for a two night stay.

For a full week stay (4.5 days) you can choose up to <u>two</u> curriculum themes. A full weeks stay can accommodate our full camp size for <u>any</u> of our program options.

Contact us directly if you have more than 80 students attending for a two night stay so we can work with you to adapt the schedule to accommodate your groups needs.

### CHECK OUT OUR SAMPLE SCHEDULE ON THE NEXT PAGE







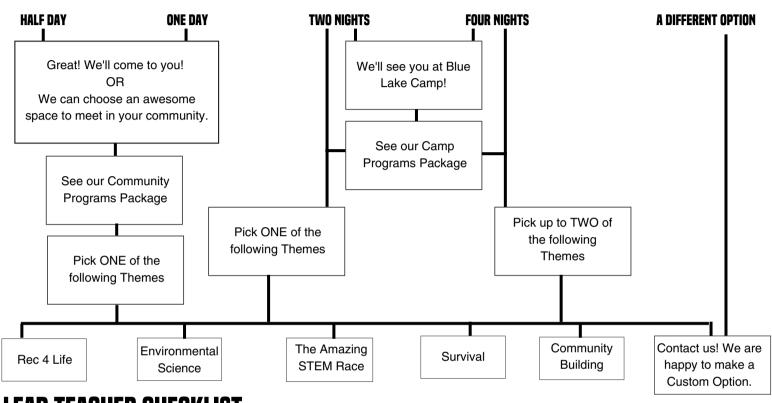
### SAMPLE SCHEDULE

| Time  | Monday                 | Tuesday                     | Wednesday                      | Thursday               | Friday  |
|-------|------------------------|-----------------------------|--------------------------------|------------------------|---|
| 8:30  |                        | Breakfast +<br>Duties       | Breakfast                      | Breakfast +<br>Duties  | Breakfast   |
| 10:00 |                        | Program Block               | Super Duties<br>and Camp Store | Program Block          | Super Duties<br>and Camp Store  |
| 12:00 | Arrival                | Free Time                   | Departure                      | Free Time              | Departure   |
| 12:30 | Lunch + Duties         | Packed lunch +<br>Camp Tour | Lunch + Duties                 | Lunch + Duties         | Schools   |
| 1:30  | Program Block          | Program Block               | Program Block                  | Program Block          | attending for<br>the full week<br>will have a<br>Wednesday<br>morning<br>schedule that<br>is the same as<br>Tuesday and<br>Thursday |
| 3:30  | Program Block<br>Con't | Program Block<br>Con't      | Program Block<br>Con't         | Program Block<br>Con't |   |
| 4:30  | Free Time              | Free Time                   | Free Time                      | Free Time              |   |
| 5:30  | Dinner + Duties        | Dinner + Duties             | Dinner + Duties                | Dinner + Duties        |   |
| 7:00  | Large Group<br>Game    | Large Group<br>Game         | Kazaam Prep                    | Large Group<br>Game    |   |
| 8:00  | Campfire               | Campfire                    | Kazaam (Talent<br>Show)        | Campfire               |   |



| School:              | Grade(s): | Dates On Site:                       |   |
|----------------------|-----------|--------------------------------------|---|
| Lead Teacher:        |           | Estimated Number of Students:        |   |
| Lead Teacher Phone:  |           |                                      | like to talk to someone                       |
| Lead Teacher E-mail: |           | about our students<br>Not Applicable | s with special needs:<br>Yes, please call me. |

WE WOULD LIKE TO COME FOR:



#### LEAD TEACHER CHECKLIST

- Contract and Deposit- Your requested program dates are not secured until we have received your signed use
  agreement and first deposit.
- · Fill out this flow chart and return to office.
- · Camp Direction will schedule a call with you to customize your experience.
- Camp Director will send you your schedule.
- Separate students into groups. One group per program block. Max of 20 per group.
- Organize chaperons (one chaperon per program block minimum).
- Organize your Duty Groups. (one chaperon per duty group minimum).
- Distribute packing list, health form and waivers to participants.
- Organize your group into their cabin placements (see cabin placement form).
- Plan your transportation.
- Schedule a parent presentation (optional) We may be able to attend virtually if requested.

#### 3 WEEKS OUT:

- · Send final numbers of students and chaperons.
- · Send in all dietary requirements for your group.

#### 1 DAY OUT:

- Remind students and chaperons to pack a bagged lunch to bring with them.
- Check to make sure you have received everyone's health and waiver forms to hand into Camp Director at check in.







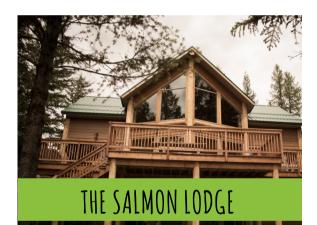














FOR MORE INFORMATION AND TO BOOK: COLUMBIAOUTDOORSCHOOL.COM

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